Methodist University Biennial Review 2022-2024

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SECTION ONE

Descriptions of the AOD program elements.

- New Student Orientation: Before classes begin in the fall semester, new students and their parents are presented with information about drug and alcohol prevention, violations, and sanctions.
- Alcohol Violation Parental Notification: If an underage student is found responsible for the alcohol policy, a letter notifying the parent of the violation is mailed to the home address.
- Alcohol 101+: Students who violate the university alcohol policy and required to complete this online education training that discussed the risks of alcohol use. This online education is also accessible from the Counseling Services website.
- Late Night Programming: In an effort to encourage students to stay on campus and refrain from consuming alcohol, on-campus programming has been provided when students were most likely to leave campus to drink.
- Case Management Team: A team of professionals discuss strategies to intervene with and/or support students who are struggling with drug and/or alcohol addiction.
- Resident Assistant Training: In early August, Resident Assistants (RAs) are trained about
 the risks and prevention of drug and alcohol abuse. Furthermore, RAs are trained on
 confrontation, documentation, and emergency management procedures related to
 alcohol and drug use.
- Counseling Assessments: Students who are found in violation of the alcohol and drug
 policies must be assessed by a licensed on-campus counselor and follow-through with
 any subsequent counseling sessions.
- Greek Speak: Students who are members of fraternities and sororities participate in alcohol awareness sessions.
- Feel Good Friday Events: Monthly tabling events hosted by the Collegiate Recovery
 Program and Campus Recreation that provides education on the risks of substance use
 as well as encouraging participation in substance free CRP programming. Feel Good
 Friday events also focus on ways students can manage stress in healthy ways.
- Annual Health Fair: Students are encouraged to visit booths at the Health Fair that promote healthy choices and behaviors.
- SMART Recovery Meetings: Weekly peer led recovery support group meetings
- Collegiate Recover Program (CRP): Dedicated substance free space on campus available for students to support their recovery. The CRP also provides one-on-one peer support as needed and substance free programming throughout the academic year.
- Overdose Awareness Event: Yearly community event that takes place on August 31st that commemorates those who died from an overdose. This event includes time making Narcan kits.
- Screen U Surveys: Conducted surveys about alcohol use, cannabis, use and prescription
 drug misuse to obtain aggregate data on what use looks like on campus. This data will
 also be used to inform prevention programming on campus.

SECTION TWO

Alcohol and Other Drug Prevention Program Goals

The goals of the Alcohol and Other Drug Prevention Programs at Methodist University are centered on the prevention of overuse of alcohol on and off campus and the prevention of illegal drug use (including unauthorized prescription drug use) on and off campus. The justification for the focus on alcohol overuse is the research which clearly demonstrates that those students involved in heavy episodic alcohol use (which is herein referred to as alcohol overuse) are several times more likely to do something they regret, fall behind in college work, engage in unplanned and unsafe sex, get injured, damage property, get in trouble with campus discipline officers or the police, and/or drive under the influence (Weschler, et al, 2000). The necessity of working towards the prevention illegal drug use needs no justification beyond that which exists in the awareness of the general population.

The awareness that youth are heavily influenced by the behavior of their peers is also a given in the field of education. Specific research has established that college aged youth are influenced to increase their use of alcohol and other drugs when they perceive that heavy drinking and drug use is normal amongst their college classmates (Perkins and Weschler, 1996). Our campus policy which prohibits of-age and under-aged possession of alcohol on campus is designed to eliminate the open use of alcohol on campus. This and our low tolerance of illegal drug use policy contributes to the quality of campus life.

MISSION AND GOALS

The mission of the prevention program is to support and maintain a campus free from alcohol overuse/drug use and alcohol/drug related negative behavior by encouraging positive decision making, accountability and healthy and productive lifestyles for students, faculty and campus staff. The specific goals of the program include:

Goal One:

To influence the attitudes and behavioral intentions of students, we will create and provide informational and motivational programs which are student focused and college curriculum infused involving at least 80% of all first-year traditional-age students enrolled during each academic year.

Goal Two:

We will maintain consistent enforcement of state and local laws and maintain and enforce our campus policies which include: limited alcohol possession on campus, no alcohol advertising on campus, low-tolerance of illegal drug possession. We will assess our campus policy enforcement by monitoring the number of violations enforced each year.

Goal Three:

To maintain individualized early intervention, we will continue to use an evidence based model

of screening assessment, brief intervention with follow up customized education and/or treatment (Marlat,et al, 1998). We will continue to mandate that each individual violator of our alcohol policy participates in the Alcohol 101+ online educational programming and one-on-one meetings with a counselor in an assessment and documented follow through with the counselor's recommendations of education and/or treatment. We will monitor the efficacy of the counseling by keeping records of first and further violations. We will expect that less than a 20% of first offenders will offend a second time in any given academic year.

OUTCOME MEAUREMENT

While we are confident that our campus policies influence the quality of life on campus by decreasing the negative behaviors associated with alcohol overuse and drug use; we wish to go further and influence our students' overuse of alcohol in any context and decrease the acceptance of illegal drug use common to much of their generation. We can only maintain our sense that we are doing this by monitoring the effect of our policies and programming. We are relying on measuring the participation in programs designed to influence attitudes and student involvement in alternative activities. We will also continue to monitor the incidence and outcomes of violations of campus policy.

DISCUSSION OF GOAL ACHIEVEMENT

In this two-year period, we have done well in the achievement of our goals.

GOAL ONE: The intention of this type of prevention effort is to bring about attitude change toward making alcohol overuse and drug use less of an acceptable behavior in the perception of our student body. We did not reach our goal of 80% of our first-year students being involved in participating in the healthy lifestyle programs presented in classes, informal informational booths and more formal residence hall and Greek Life programming.

GOAL TWO: Understanding that programming to influence attitude change is necessary, we also realize that it is insufficient as a stand-alone prevention effort. Through our CRP program, we have obtained the following memberships:

- Addiction Professionals of North Carolina (APNC)
- Association of Recovery in Higher Education (ARHE)
- Higher Education for Alcohol and Drug Misuse Prevention and Recover (HECAOD)

We continued to enforce local alcohol and drug laws as we transitioned from a "dry" campus to allowing alcohol in specified residential communities for students 21 years and older. Our efforts have continued to minimize the use of alcohol on campus by enforcing fines for repeat offenders and mandating individualized assessment and education and/or treatment as needed.

We also maintained our low tolerance policy on illegal drug use by strong enforcement. We monitored the occurrence of alcohol and other drug violations by thorough documentation. We have good reasons to assert that these environmental change measures have minimized the

perception that alcohol overuse and drug use is 'normal' on our university campus.

GOAL THREE: Our third goal was to use early intervention on an individual basis for those students at high risk for alcohol overuse. The monitoring and documentation of alcohol policy violations have allowed us to measure the recurrence of alcohol violations by the same students. The fact that second violations by the same individual are minimal is reason to assume that our assessment and intervention in alcohol overuse has been effective in minimizing the continuation of alcohol overuse on campus by those same individuals. The table below summarizes these outcomes.

Table 1: Comparing Alcohol Violation Statistics across Academic Years

Academic Year	Number of Violators (First Offense)	Number of Violators (First Offense) as Percentage of Total Resident Population	Percentage of Second Offense Violators as Percentage of Total Resident Population
Fall 2020 Spring 2021	28	3.63%	0.25%
Fall 2021 Spring 2022	43	5.23%	0.00%
Fall 2022 Spring 2023	37	4.60%	0.XX%
Fall 2023 Spring 2024	18	2.15%	0.00%

Table 2: Comparing Drug Violation Statistics Across Academic Years

Academic Year	Number of Violations	Number of Violations as Percentage of Total Resident Population
Fall 2020-Spring 2021	15	1.94% (N=770)
Fall 2021-Spring 2022	7	0.85% (N=822)
Fall 2022-Spring 2023	10	1.24% (N=803)

Fall 2023-Spring 2024	13	1.55% (N=834)

^{**:} Odor of Marijuana policy implemented this year

Table 3: Alcohol/Drug Related Fatalities on Campus

Alcohol/Drug Related Fatalities On Campus	Number
Staff and Faculty – Fall 2012 –Spring 2024	0
Students –Fall 2012 – Spring 2024	0

SECTION THREE

Alcohol and Other Drug Prevention Program Strengths and Weaknesses

STRENGTHS

Our strengths lie in the breadth and depth of our prevention efforts. We address prevention across the broadest range. We support involvement in influencing policy at the state level (through involvement with Addiction Professionals of North Carolina) and community level (through prohibition of alcohol or local bars' advertisements on our campus). We deepen our influence by providing programming aimed at changing attitudes and motivating behaviors all over campus and through the entire year. The prevention effort goes deeper as we target those at highest risk of alcohol overuse or addiction by in-depth and individualized assessment and appropriate education and/or treatment. The relative lack of alcohol and drug related negative behavior in our campus housing demonstrates that our limited alcohol use on campus and our low tolerance of illegal drug use policies are both wisely conceived and well enforced. The high quality of our campus police and security officers is apparent in the consistent and effective enforcement of the law and of our campus policies. The quality of our counseling center and residence hall staff and their training and commitment is also one of our greatest strengths. We have reason to be pleased by our prevention efforts.

WEAKNESSES

Our major weakness may lie in the measurement of our outcomes. We assume that providing programming aimed at changing attitudes and behavioral intentions, will in fact cause those changes. We do not measure the given attitudes and intentions either prior to or after the intervention of program participation. We assume that participation in alternative activities represents a lower participation in AOD related activities, but we have no data which demonstrates that.

Our measure of the effectiveness of our policy and enforcement is the number of policy violations and how that number varies. There are too many other factors involved for that single measure to be adequate. It should be noted that violations of policy may increase because of effective enforcement or decrease because peer pressure to use declines when

incidents of use declines. Decrease of second violations might indicate poor enforcement or it might indicate that the intervention following the first violation was highly effective. A single measure is inadequate. We would be well advised to develop outcome research methods which are more specific to the desired outcome. Perhaps student perception of policy enforcement is a better measure of enforcement than has been used in the past. If alternative activities, alcohol awareness or anti-drug programming are hoped to influence perceptions that alcohol overuse and drug use are not acceptable behaviors, then it would be wise to attempt to measure such perceptions. If counseling effectiveness needs to be assessed it could be assessed through measures so designed. We are justifiably proud of the success of our prevention programs and the quality of life at Methodist University.

SECTION FOUR

Policy Distribution

The Student Conduct Code is outlined in the Methodist University Student Handbook which is disseminated in hard copy on an annual basis to all new students during the check-in process for New Student Orientation, and the official Student Handbook is web based, and the Dean of Students sends out an annual notification of the Student Handbook to all faculty, staff and students. The Student Handbook page can accessed at this web address:

https://www.methodist.edu/life-at-mu/student-affairs-office/student-policies/

Also, University policies and state laws governing the use, possession and distribution of alcohol are covered by the residence life staff during their first hall meetings. The message is clear and consistent that Methodist University does not allow alcohol on the campus and/or at any University functions, and we have a low tolerance for the use, possession, and/or the distribution of illegal drugs.

The policies for faculty and staff are sent out on annual basis either in hard copy or online links. The policies that govern faculty and staff are within their respective handbooks.

SECTION FIVE – A (2022 – 2023 version)

Copies of the policies distributed to students and employees

Standards of Conduct and Disciplinary Sanctions (Students)

The University Code of Conduct prohibits the "use and possession of alcoholic beverages on campus and at University-sponsored activities. The University Code of Conduct also prohibits "illegal, use, possession or distribution of any controlled substance on campus or at University-sponsored events.

Alcohol Policy

The State of North Carolina prohibits the use of alcohol by persons under the age of 21. It is also illegal, in our state, for a person of legal alcohol drinking age to purchase for or provide alcohol to anyone who is underage. Methodist University fully supports and upholds the state law. The possession or consumption of any alcoholic beverage is prohibited on the Methodist University campus regardless of one's age. Possession is defined as having any alcoholic

beverage or its commercially produced container on the student's person, in the student's room, in the student's automobile, or among properties owned or being used by the student. Given reasonable cause, residence hall rooms, common living areas, and automobiles may be searched for alcohol. All residents and/or visitors who are found in the presence of alcohol possession or consumption are subject to the same sanctions as the individual(s) who actually brought the alcohol and/or alcohol containers into the environment or were possessing or consuming it regardless of how long they were present on the scene.

Consequences of Alcohol Related Violation

The first time that a student is found responsible for the possession, on campus, of an alcoholic beverage or a commercially produced alcoholic beverage container, he or she will be subject to the following sanctions:

- 1. Up to a \$100 fine (The actual amount of the fine is related to the severity of the offense). Students will also be assigned up to 20 hours of community service, which must be completed within the designated time given.
- 2. Required participation in a substance abuse assessment and, any follow-up counseling, education, and/or treatment to be conducted by the Director of the Center for Personal Development. If a student fails to comply with the assessment, education, and/or treatment recommended by the Director of the Center for Personal Development, he or she will be subject to a minimum of an additional \$500 fine, and a maximum of suspension.
- 3. If the student is under the age of 21, the Dean of Students will write a letter to the parent(s) or legal guardian(s) of the student informing them that the student has been found responsible for his or her first alcohol related offense. The letter will also recommend that the parents become directly involved in an effort to create a situation that will minimize the chances of the student becoming involved in a second alcohol related incident.

The second time that a current student is found responsible for possession, on campus, of an alcoholic beverage or a commercially produced alcoholic beverage container, he or she will be subject to the following sanctions:

- 1. Payment of a \$200 fine.
- 2. Additional participation in a substance abuse assessment and, if required, follow-up counseling, education, and/or treatment to be conducted by the Director of the Counseling and Psychological Services. As in the case of the first offense, if a student fails to comply with the assessment, education, and or treatment related directions provided by the Director of the Counseling and Psychological Services, he or she will be subject to a minimum of an additional \$500 fine, and a maximum of expulsion.
- 3. If the student is under the age of 21, the Dean of Students will write a letter to the parent(s) or legal guardian(s) of the student informing them that the student has been found responsible for his or her second alcohol related offense. The letter will also recommend that the parents become directly involved in an effort to create a situation that will minimize the chances of the student becoming involved in a third alcohol related incident (for students under 21).

The third time that a current student is found responsible for possession, on campus, of an alcoholic beverage or a commercially produced alcoholic beverage container; he or she will be subject to a minimum of suspension and a maximum of expulsion.

Alcohol and Disruptive/Destructive Acts of Behavior

Maintaining a high quality of life in our community is very important to us. For this reason, we will apply even greater consequence for acts that are disruptive or destructive to our campus that include the possession of alcohol. Such acts include, but are not limited to, supplying alcohol to minors, acts of vandalism, destruction of personal or University property, disruptive noise, public drunkenness, regurgitation in shared living areas and public areas, verbal attacks, harassment, and acts of violence. If a student is found responsible of conducting acts that are disruptive or destructive to our campus community while in the possession or under the influence of alcohol, they will be subject to the following sanctions:

First incident, an additional \$150 fine

Second incident, minimum additional \$250 fine, and a maximum of suspension Third incident, a minimum of suspension, and a maximum of expulsion If a student's disruptive or destructive acts result in damage to personal or University property, the student will also be fined the same amount that will be required to repair or replace the damaged property. Students who commit disruptive or destructive acts can also be held responsible for other violations of the judicial code, if warranted.

Readmission after Alcohol Suspension

Any student who is suspended for an alcohol related offense, and who wishes to be considered for readmission to Methodist University will be required to undergo a substance abuse assessment, given by a certified substance abuse counselor. The student must also successfully complete all prescribed education and treatment. The student's substance abuse counselor must then write a formal letter to the Dean of Students that clearly indicates what specific treatment/education was administered to the student. The letter must also note that the student has successfully completed that treatment, and that the counselor recommends that the student be allowed to return to Methodist University. The student must also sign a release, for his/her substance abuse counselor, that allows that individual to freely discuss the student's treatment and rehabilitation status with both the Dean of Students and with the Director of Counseling and Psychological Services. Once the contents of the letter are verified, the Dean of Students will inform the student, in writing, of the Dean's decision on his/her request for readmission. Any student who is suspended for an alcohol related offense, and is eventually allowed to return to Methodist University, will be required to continue substance abuse treatment and education at the discretion of the Director of Counseling and Psychological Services. The Dean of Students may impose additional readmission restrictions on a case-bycase basis.

Resources for Help

Methodist University provides counseling and treatment for students who have substance abuse problems or are concerned about substance abuse in others. There is no fee for counseling services provided on campus.

Counseling Services at The Well: Counseling Services at The Well is located in West Hall. The staff includes two Licensed Clinical Social Workers (LCSW) and one Licensed Clinical Mental Health Counselor Associate (LCMHCA). Services provided by Counseling Services may be obtained by calling 630-7164 or emailing The Well at thewell@methodist.edu.

Campus Minister: The Campus Minister also provides help and assistance. The Campus Minister's office is in the Berns Student Center, and the minister can be reached at 630-7157.

Employee Assistance Program. Methodist University provides free assessment and referral

services for students, employees and their families through a contract with Cape Fear Valley Health Systems. To use this program, call 910-615-1731 and ask for the Methodist University Employee Assistance Program Representative. Fees for many referral services are provided on a reduced sliding scale basis. All inquiries about counseling or treatment are strictly confidential. No student or employee will ever be penalized for seeking or accepting assistance.

Drug Policy

Methodist University has low tolerance for the use, possession, and/or the distribution /sale of illegal drugs.

The following are prohibited:

Illicit Drugs

- a. Possessing or using illegal substances, as defined by federal, state, and local statutes.
- b. Possessing or using controlled substances as defined by federal, state, and local statutes. (Controlled substances may be taken pursuant to a properly issued prescription, provided the controlled substance is taken as and in the amount prescribed.)
- c. Distributing, selling, or possessing with the intent to distribute illegal or controlled substances, as defined by federal, state, and local statutes.
- d. Possessing or using drug paraphernalia (including but not limited to pipes, bongs, etc.).
- e. Being under the influence of illegal or controlled substances as demonstrated by actions and/or other evidence such as the smell of marijuana on the student's clothing and/or person.
- f. Growing and/or manufacturing any illegal substance.

All students, who are present at a time that illegal drug possession or consumption is established are subject to the same sanctions as the individual(s) who brought the drug into the environment or were possessing it or consuming it.

Given reasonable cause, drug testing may be required of students suspected of a drug related offense. Reasonable Cause in Drug Use Situations is defined as the odor of marijuana on the student's clothing and/or person, in a campus residence, personal vehicle or any other confined space that belongs to or is assigned to the student and/or in a confined space where the student is located when the odor is detected. Refusal to participate in such testing may be used as grounds for discipline of a suspected violator or consuming it regardless of how long they were present in the room or common living area. Student(s) who possess expired prescription drugs and/or unreasonable, large quantities of prescription drugs will be asked to provide independent, medical verification that the quantity and the prescription is valid. If students are unable to obtain medical verification, he or she will be subject to the sanctions outlined in this policy.

Odor of Marijuana

If the odor of marijuana is present (room, vehicle, etc.) without physical evidence, the student will be found responsible for "being in the presence of marijuana odor". Sanctioning will include one semester of Disciplinary Probation. A substance abuse evaluation through the Center for Personal Development will be required. Additionally, students who are in the presence of marijuana odor will be offered the option of taking a drug test to clear charges with a negative drug test result. If a student is found in the presence of the odor of marijuana for a second or any additional incidents, drug testing will be required.

If students are in the presence of physical evidence, then those who are guests may be tested if they deny responsibility. The residents of the room and/or the owner of the vehicle may be found responsible for possession without being tested.

Drug Sanctions

Any student who is found in violation of Methodist University's policy against use, possession, and/ or the distribution and/ or sale of illegal drugs, or drug-related paraphernalia, or in violation of the University's policy against the abuse or sale of prescription drugs or over-the-counter drugs will be subject to a minimum of suspension and to a maximum of expulsion. When large quantities of illegal drugs are involved or there is evidence of drug distribution, the implicated student will be subject to criminal arrest and will face prosecution by civil authority.

Readmission after Drug Suspension

Any student who is suspended for a drug related offense, and wishes to be considered for readmission to Methodist University, will be required to undergo a substance abuse assessment, conducted by a certified substance abuse counselor. The student must also successfully complete all prescribed education and treatment and must pass periodic drug testing during the period of their suspension, as directed by the Dean of Students.

The student's substance abuse counselor must then write a formal letter to the Dean of Students, clearly indicating the specific treatment and education administered to the student and reporting that the student has successfully completed that treatment. Finally, the letter must clearly recommend that the student be allowed to return to Methodist University.

The student must also sign a release that allows his or her substance abuse counselor to freely discuss the students treatment and rehabilitation status with both the Dean of Students and with the Director of Counseling and Psychological Services. Once the contents of the letter are verified, the Dean of Students will inform the student, in writing, of the Dean's decision on the request for readmission. Any student who is suspended for a drug related offense and is eventually allowed to return to Methodist University will be subject to periodic and unannounced drug testing for a period of one year from the date of his or her registration. Additionally, the readmitted student will be required to continue substance abuse treatment and education at the discretion of the Director of Counseling and Psychological Services. The Dean of Students may impose additional readmission requirements on a case-by-case basis.

Standards of Conduct and Disciplinary Actions (Faculty and Staff)

Substance Abuse Policy

It is the policy of the University to maintain a work place that is free from the effects of drug and alcohol abuse.

- 1. All employees at Methodist University are viewed as role models for students and, in their personal and professional lives, are expected to be examples of responsible, moral, and legal behavior. All employees are required to follow federal and state alcohol and non-prescribed drugs and narcotics laws. In addition, they are prohibited from the consumption, sale, dispensation, distribution, possession, or manufacture of illegal or non-prescribed drugs and narcotics or alcoholic beverages on University property (excluding businesses and University-owned private residences), in University vehicles, or at University-sponsored events, or when students are guests of employees. Employees will be subject to disciplinary action, up to and including dismissal, for violations of this policy.
- 2. The University reserves the right to ask an employee to undergo a drug or breathalyzer test when such a test is necessary for the safety and security of the faculty, students, and staff. Employees refusing to submit to such tests are subject to disciplinary action, including termination.

- 3. Supervisors should report immediately to the Public Safety Department any action by an employee who demonstrates a threat to the safety and security of faculty, students, and staff. Public Safety Officers will recommend whether the employee seek medical attention or counseling services. For the protection of faculty, students, and staff, employees' believed to be under the influence of drugs, narcotics, or alcohol will be required to leave the premises. The Public Safety Department should be notified to arrange safe transit.
- 4. Employees who are experiencing work-related problems resulting from drug, narcotic, or alcohol abuse or dependence may request, or be required to seek, counseling help. University-sponsored or required counseling is to be kept confidential and is to have no influence on performance appraisals. Job performance alone, not the fact that an employee seeks counseling, is to be the basis of all performance appraisals.
- 5. Any employee who is abusing drugs or alcohol may be granted a leave of absence to undertake rehabilitation treatment. The employee will not be permitted to return to work until certification is presented to the Human Resources Department that the employee is capable of performing his job. Failure to cooperate with an agreed-upon treatment plan may result in discipline, up to and including termination. Participation in a treatment program does not insulate an employee form the imposition of discipline for violations of this or other University policies.
- 6. An employee must notify the Human Resources Department, in writing, of his or her conviction for a violation of a criminal drug statute of for driving while impaired no later than five calendar days after such a conviction.

Health Risks Associated with Illicit Drug Use and Alcohol Abuse

Although Methodist University is a dry campus, the University staff educate students about the dangers of the abuse of alcohol and drugs in many different ways: New Student Orientation, First Year Seminars, Annual Health Fairs, and Residence Life hall meetings and programs, etc. The dangers of alcohol and drug additions are outlined on the website of the Center for Personal Development at

<u>http://www.methodist.edu/counseling/alcohol.htm</u> and under their self-help resources under the link substance abuse/dependence at

https://ncadd.org/learn-about-drugs/overview.

SECTION FIVE – B (2023 – 2024 version)
Copies of the policies distributed to students and employees

Alcohol Policy

Methodist University is committed to students' intellectual and personal development, which includes ensuring students have various and abundant opportunities to show care and responsibility for their own actions. In this case, the vitality of the academic community relies on each member taking personal responsibility for their actions regarding alcohol use and safeguarding the well-being of others. Alcohol misuse inhibits students' development and is

negatively correlated with academic success and personal safety, thus maturity, care for self and community, and responsibility are essential.

Methodist University also welcomes and supports the decision of students not to drink alcohol. MU continues to emphasize education about risks, choices, and personal responsibility regarding the use of alcohol. Students are expected to make conscious choices that do not diminish the academic or social success, or personal safety, of themselves or others.

Policy Statement

As required by Article 3 of Chapter 18B of the North Carolina General Statutes-individuals must be 21 years of age or older to possess, consume or purchase alcoholic beverages. It is also illegal, in North Carolina, for a person of legal alcohol-drinking age to purchase for or provide alcohol to anyone who is underage. Methodist University observes federal, state, and local laws regarding alcohol use, particularly those that address underage drinking, and holds students accountable for their choices. Students whose drinking presents a risk to the health and safety of themselves or others are subject to sanctions in keeping with the Methodist University Student Code of Conduct.

- The possession and/or consumption of alcoholic beverages by students on the Methodist University property is limited to students 21 years of age or over and subject to the following additional requirements:
- o Only in designated residence hall spaces posted clearly within The Cape Fear Commons, Village Houses, and McLean Apartments
- o At Official university-sponsored events with the President's prior written approval o Only Alcoholic Beverage classified as beer/unfortified wine (as defined by the North Carolina Alcohol Beverage Control (ABC) Commission) are permitted in the designated spaces listed above.
- ② Any alcoholic beverage that is not classified as beer/wine (as defined by the North Carolina Alcohol Beverage Control (ABC) Commission) is always prohibited on the Methodist University premises.
- Students participating in any Methodist University or Methodist University-affiliated study abroad programs are expected to follow the laws of the host country and host institution regarding the possession and/or consumption during any study abroad program.
- This policy will be reviewed at least annually by the President's Cabinet or as is otherwise deemed necessary by the University and is subject to immediate change or modification as the University deems appropriate in its sole discretion.

Alcohol and Disruptive/Destructive Acts of Behavior

- Methodist University students are always expected to represent the University with dignity. No student of any age may engage in behavior (whether or not due to alcohol consumption) that is disorderly, disruptive, or jeopardizes the health or safety of self or others.
- Per North Carolina General Statue § 14-444 being intoxicated and disruptive in public is unlawful.

Inappropriate or illegal behavior related to alcohol use will result in disciplinary action per the Methodist University Student Code of Conduct Regulations for University Housing

• Students of legal drinking age (21 years of age or older) may possess or consume beer/wine (as defined by the North Carolina Alcohol Beverage Control (ABC) Commission) for their personal use and consumption in designated spaces within The Cape Fear Commons, Village Houses, and McLean Apartments. Only students of legal age (21 years of age or older) may

transport unopened alcoholic beverages through "public areas" and may do so only in a sealed container, bag, or cooler.

- The consumption of alcoholic beverages is prohibited in public or outdoor areas including, but not limited to outdoor hallways, stairwells, elevators, balconies, patios, courtyards, and at events on campus. It is unlawful for any person to consume or have in their possession any alcoholic beverage in an open container on any campus street, sidewalk or undesignated area.
- The selling of alcoholic beverages on campus is prohibited.
- Students are responsible for their conduct and that of their visitors in individual rooms. Only those students of legal age may possess or consume alcoholic beverages. The residents will be subject to disciplinary action if there is excessive noise or over-crowding (more than two visitors per resident) in the room (or common area in the case of suite living spaces) or if those possession or consuming alcohol are underage. Representatives of the Department of Housing and Residence Life, security or university administration reserve the right to disband any gathering violating the Methodist University Code of Conduct or violating fire safety codes.
- Providing alcohol to anyone under the age of 21 is illegal and subject to applicable laws and the Methodist University Student Code of Conduct.

Alcohol Containers and Paraphernalia

• Common containers (empty or filled) designed for rapid consumption are prohibited on campus at all times. Devices and games designed for the rapid consumption of alcohol are strictly prohibited and a violation of the Methodist University Alcohol Policy. Alcohol paraphernalia is not permitted on Methodist University premises at any time.

Complicity

• Students are responsible for removing themselves from any situation where violations of the Code of Conduct are occurring or are anticipated. Furthermore, the University expects Methodist University students to be good citizens and, speak out against university violations by their peers as leaders. This code prohibits condoning, supporting or encouraging in any manner or form a violation of University policy.

Identification

• Without limiting any other prohibition contained in this policy, no person younger than 21 years of age may possess or use false identification (ID) for purchasing or possessing alcoholic beverages. This provision includes, but is not limited to, the following: possession or use of an altered ID; possession or use of a forged ID; possession or use of an ID belonging to another person; or possession or use of any form of identification which misrepresents the bearer's true identity or date of birth.

Student Clubs and Organizations

- No Alcoholic Beverages, for use on- or off-campus, may be purchased with student activity fees, University-collected fees, or with any other Student Club/Organization funds or dues. Additionally, no Alcoholic Beverages may be purchased for a Student Club/Organization or its members or guests in the name of or on behalf of the Student Organization (e.g., no passing the hat).
- No Student Club/Organization may host an event or meeting on campus where Alcoholic Beverages are served. Likewise, students may not bring alcohol for their consumption to any University club/organization event on or off campus.

- Official university-sponsored functions may serve Beer/Wine only with prior presidential approval in writing. Examples of some official University-sponsored functions include, but are not limited to:
- 1. Board of Trustees' receptions hosted on or off campus
- 2. Faculty/staff receptions hosted on or off campus
- 3. Art exhibit openings hosted on campus
- 4. Off-campus groups hosting events on campus, with prior Presidential written permission such Symphony/Orchestra intermission
- 5. Off-campus events hosted by the University such as sporting events, movies, plays, etc.
- At official University-sponsored functions, alcoholic beverages must be provided by a University pre-approved and fully insured professional vendor or caterer and the Common Source Container remains under the exclusive control of the vendor or caterer at all times (i.e. no self-service) subject to the following restrictions and requirements:
- o Alcoholic beverages are limited to Beer/Wine only as defined by the state of North Carolina https://abc.nc.gov/Product/Index.
- o The pre-approved professional and fully insured vendor or caterer will obtain and appropriately display the appropriate licenses and/or permits to serve alcohol on campus. o The use of alcoholic beverages must remain in compliance with all applicable laws and regulations.
- o Non-profit organizations cannot promote the serving of alcohol in the publicity associated with the event being held on campus.
- o All appropriate insurance policies will be obtained in accordance with University equirements
- Alcoholic beverages are never permissible in sacred spaces: Matthews Ministry Center Chapel, Hensdale Chapel, and Stillpoint
- No Alcoholic beverages, for use on- or off-campus, may be purchased with student activity fees, University-collected fees, or with any other Student Club/Organization funds or dues. Additionally, no Alcoholic Beverages may be purchased for a Student Club/Organization or its members or guests in the name of or on behalf of the Student Organization (e.g., no passing the hat).
- No Student Club/Organization may host an event or meeting on campus where Alcoholic Beverages are served.

Note-Official University sponsored functions: With the President's prior written approval, students (age 21 and over only) may possess or consume alcoholic beverages at official University-sponsored functions. In situations like this, underage students may be present where alcohol is consumed by of-age students or guests but may not possess or consume alcohol themselves.

Campus Resources on Alcohol & Drugs

The Student Affairs Office and Health & Counseling Services Office at "The Well" provide alcohol and drug education and programming on campus. Health & Counseling Services Office at "The Well" offers confidential individual counseling and referrals for alcohol and other drug use/misuse concerns in addition to providing psychoeducational materials. Additionally, the staff at The Well are available to answer questions or provide information.

Annual educational programming for all students will aid in identifying the use and misuse of alcohol. These sessions will be planned by the Student Affairs Office in cooperation with Health & Counseling Services Office at "The Well" and Residence Life. Health & Counseling Services Office at "The Well" and Residence Life staff will provide annual workshops for resident assistants in intervention techniques to aid those students who misuse alcohol.

The Student Affairs Division and Health & Counseling Services will annually review the alcohol and other drug education programs and will report their assessment to the Administrative Cabinet.

Medical Amnesty

Students are responsible for reviewing the Methodist University Good Samaritan/Medical

Amnesty Policy.

Statement

This Policy is intended to be consistent with all applicable local, state, and federal laws. The standards of conduct and the means of enforcement outlined in this Policy are adopted to further the University's interests and supplement, rather than substitute for, the enforcement of applicable civil and criminal law. It is not double jeopardy for the University to address conduct that has previously been or may be sanctioned under local, state, or federal law.

Definitions

When used in the Student Alcohol Policy of Methodist University or any of its appendices, terms have the following definitions:

- Alcoholic Beverages: Any beverage or other ingestible substance defined as alcohol by the North Carolina Alcohol Beverage Control Commission. For specific definitions, please visit the ABC Commission website. Please note: Any Alcoholic Beverage that is not classified as Beer/Wine (as defined by the North Carolina Alcohol Beverage Control (ABC) Commission.) is prohibited at all times on the Methodist University campus.
- Common Source Container: This includes, but not is limited to Kegs, pitchers, punch bowls, bathtubs, trash cans, common shared refrigerators, or similar common source containers of Alcoholic Beverages intended to serve as a source of open access to Alcoholic Beverages at a party or other gathering.
- Open Container: Any container of alcohol that is open or has at any point had the manufacturer's seal broken and the lid replaced. Examples include, but are not limited to, a solo cup, water bottle, open bottle or can containing any amount of Alcoholic Beverage.
- Person: Considered to be used in this Policy as any Student, Student Organization, or Administrative Unit, and can be used interchangeably except regarding medical amnesty.
- Policy: Except as otherwise noted, the term 'Policy' or 'this Policy' refers to the Alcohol Policy of Methodist University.
- Student: The term "Student" means any of the following:
 o a person enrolled in or attending classes at or through the University, either at the
 University's main campus or at any remote location, including a person enrolled in online or
 distance education programs or a person participating in Study Abroad programs; or
 o a person participating in any pre-matriculation orientation programs.
- Student Club/Organization: Any recognized group affiliated with or supported by the University or a University administrative unit (e.g., societies, clubs, student organizations including fraternities and sororities, athletic teams, or similarly organized groups in or recognized by the University.) A Student Organization also includes any group of students, whether or not officially recognized, that is affiliated with the University through the use of University Premises or University-sponsored programs.
- University Premises: Buildings, property, or grounds owned, leased, operated, controlled, or supervised by the University.
- Visitor: Any person on university premises/property or attending a university-sponsored event who is not an employee, student, or affiliate

Related Requirements

External Regulations and Consequences

- Education Department General Administrative Regulations (EDGAR) Subpart A, Sec. 86.1 Drug and Alcohol Abuse Prevention
- 20 U.S.C. 1145(g) Drug and Alcohol Abuse Prevention
- NCGS § 18B-300. Purchase, possession and consumption of malt beverages and unfortified wine
- NCGS § 14-444. Intoxicated and disruptive in public
- NCGS § 18B-401. Manner of transportation
- NCGS § 20-30. (Effective until July 1, 2023) Violations of license, learner's permit, or special identification card provisions
- NCGS § 74G-6. Oaths, powers, and authority of campus police officers

Drug Policy

Methodist University prohibits the use, possession, and/or the distribution /sale of illegal drugs. The following are prohibited:

Illicit Drugs

- a. Possessing or using illegal substances, as defined by federal, state, and local statutes.
- b. Possessing or using controlled substances as defined by federal, state, and local statutes. (Controlled
- substances may be taken pursuant to a properly issued prescription, provided the controlled substance is taken as and in the amount prescribed.)
- c. Distributing, selling, or possessing with the intent to distribute illegal or controlled substances, as defined by federal, state, and local statutes.
- d. Possessing or using drug paraphernalia (including but not limited to pipes, bongs, etc.).
- e. Being under the influence of illegal or controlled substances as demonstrated by actions and/or other evidence such as the smell of marijuana on the student's clothing and/or person.
- f. Growing and/or manufacturing any illegal substance.

Students who are found responsible for the use, possession and/or odor of marijuana will be subject to Disciplinary Probation and a \$500 fine on the first offense. Students who possess large quantities of marijuana will be subject to arrest and/or suspension/expulsion regardless of which offense. Given reasonable cause, drug testing may be required of students suspected of a drug-related offense. The type of drug testing will be determined by the Dean or Sr. Associate Dean of Students. Drug tests will result in \$150.00 being assessed to the student's account to cover the cost of the test.

Reasonable Cause in Drug Use Situations is defined as the odor of marijuana on the student's clothing and/or person, in a campus residence, personal vehicle or any other confined space that belongs to or is assigned to the student and/or in a confined space where the student is located when the odor is detected. Refusal to participate in such testing may be used as grounds for probation, suspension or other discipline of a suspected violator regardless of how long they were present in the room or common living area. Student(s) who possess expired prescription drugs and/or unreasonable, large quantities of prescription drugs will be asked to provide independent, medical verification that the quantity and the prescription is valid. If students are unable to obtain medical verification, he or she will be subject to the sanctions outlined in this policy.

Odor of Marijuana

If the odor of marijuana is present (room, vehicle, etc.) without physical evidence, the student will be found responsible for "being in the presence of marijuana odor." Additionally, students who are in the presence of marijuana odor will be offered the option of taking a drug test to clear charges with a negative drug test result. If a student is found in the presence of the odor of marijuana for a second or any additional incidents, drug testing will be required. If students are in the presence of physical evidence, then those who are guests may be tested if they deny responsibility. The residents of the room and/or the owner of the vehicle may be found responsible for possession without being tested.

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