

SYMPTOMS OF COVID-19

SYMPTOMATIC

If you are showing symptoms, you are symptomatic

vs.

ASYMPTOMATIC

If you are **not** showing symptoms, you are asymptomatic



You know your health better than anybody. If you have symptoms that are unusual for you and feel it might be COVID related, it's better to be safe than sorry. Stay home, monitor your symptoms, get a test as soon as you can. You should also reach out to your health care provider as necessary and alert MU Health Services (muhc@methodist.edu) and your professors, dean, or supervisor if you plan to be out.

Always feel free to reach out to forward@methodist.edu if you have questions.



Fever

(above 100.4° F) record on temperature log daily



Cough



Shortness of Breath



Runny Nose / Congestion



Headache



Muscle Aches



Sore Throat



New Loss of Taste or Smell



Chills



Gastrointestinal Symptoms